

CHROMIUM/BIOTIN TREATMENT OF DYSLIPIDEMIA AND DIET-INDUCED POST PRANDIAL HYPERGLYCEMIA

Abstract of the Disclosure

A method for treating dyslipidemia and/or post prandial hyperglycemia by administering a combination of a chromium complex and biotin to an individual in need thereof is disclosed. The two compounds are administered orally or parenterally in daily dosages which provide between 25 μ g and 1,000 μ g of chromium and between 25 μ g and 20 mg biotin. A method for reducing the glycemic index of food is similarly provided.

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